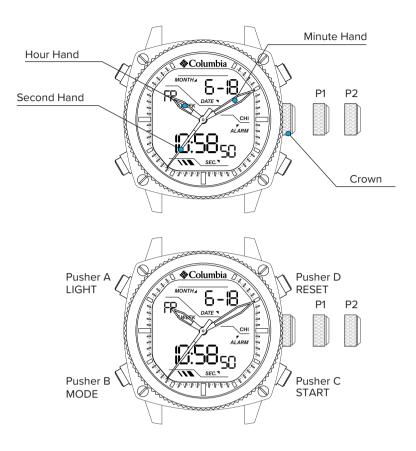


RIDGE RUNNER



Bao Jie BJK606 Digital Movement

HOW TO SET THE DIGITAL TIME / DATE

1) Press Pusher D, seconds should start flashing.

2) Press Pusher C, to cycle through hour, minute, month, day of week and seconds

3) When setting Hours, "H" displays for 24 hr format, "P" will display for 12 hr format

HOW TO SET THE ANALOG TIME

1) Pull out the crown to the second click position (P2).

2) Turn the crown to set hour and minute hands.

3) Push the crown back into the normal position.

HOW TO SET THE ALARM

1) Press Pusher D to turn on/off alarm

2) To set alarm: press Pusher C to select Hour or Minute setting, press Pusher D to adjust flashing item, press Pusher C to confirm

3) To Snooze on/off: when alarm sounds, press Pusher C or Pusher D to stop sounding, press Pusher B to ON/OFF Snooze.

HOW USE THE CHRONOGRAPH

1) Press Pusher D to Start/Stop running. When stopped, press Pusher C to zero

2) When running, press Pusher C to split counter indicator displays "SP"

3) Press Pusher D to exit split counter and stop counting. Press Pusher C again to zero.

4) When running, press Pusher B to return to Real Time Mode. Chronograph will continue to run in the background.